

Section 2AAA CC Meet
Tuesday Oct 26, 2021
Gale Woods Farm,
7210 Country road 110 West
Minnetrista Mn 55364

Races: **Varsity only**, Boys and Girls

Time Schedule:

3:10 Coaches Meeting

3:40 Boys 5,000 meters

4:10 Girls 5,000 Meters

5:05 + awards

Trophies to the top 2 teams and individual medals (9).

Medals to the top 8 individuals, plus any additional State Meet Qualifiers.

Entires:

You may enter up to 9 runners

You may only run 7 at the meet

Top 5 finishers score for each team.

Teams with less than 5 will not be scored

NO DOGS ALLOWED AT GALE WOODS
please let your parents know this.

Josh Gerber of Wayzata results will be doing the timing

the entry info is: theendresultco.com/xc - **deadline is 10/23 @ 8PM**

ENTRIES AND ADVANCEMENT

A. School Participation Requirement

Each school must compete in three (3) separate high school varsity meets to qualify for entry into a League sponsored tournament.

B. Advancement from Section to State

1. Team: The first and second place teams from each section shall advance from each section.

2. Individual: The first 8 individual finishers from each section meet who are not members of the 1st & 2nd place teams.

Contestants Numbers: Each varsity runner will be provided with a numbered bib and pins. Your lineup will be from the entries that you provided Wayzata Results. You may run up to 7 runners. Numbers and chips will be in your packet which is available at the finish line-

Meet Rules: The meet will be conducted under the guidelines of the Minnesota State High School League and NFHS Rules Book. All contestants must wear a school issued uniform. This includes running shorts over leotards or tights. We will use the count down start – be sure and review that with your athletes.

Chips are in the runners BIB. Runners are to run across the mat at the finish and keep moving to clear the area. NO chip/bib return

2021 Jury—TBD

Day before the meet:

- review start procedures with your runners.
- review uniform and legal and illegal items
- review the race course, ALL runners 2 outer “loops”, return to Finish.
- make sure all of your runners have a legal uniform.

remind your runners they need their bib pinned to their shirt
JV runners are considered spectators and must stay in the spectator area. Any varsity runner with a bib, but not running must stay off the course during the race. They are considered spectators.

Please send a time schedule and directions to Gale Woods to your parents. Please remind them that at Gale Woods —

No dogs Allowed.
Please share with
parents

Lane Assignments:--drawn at random.

_____ from left to right looking down the course from the start line.

1. Chaska
2. Shakopee,
- 3 Waconia,
- 4 Edina,
5. Chanhassen
6. Minnetonka
- 7.Eden Prairie
8. Prior Lake

School Jobs: Once again we are asking each school to perform a job so that the races are administered in an efficient manner. This job may be preformed by a coach, assistant coach, parent or mature adult. Orange “**race official vests**” are available at the finish line. Workers need to check in so we know a given area is covered.

2021 WORKER ASSIGNMENTS

| VOLUNTEER WORKERS -- 1 PER SCHOOL | |
|-----------------------------------|---|
| Eden Prairie | Course Control-far loop (2 mile mark) |
| Edina: | Course Control, 150 meters from finish by greenhouse |
| Prior Lake/Chaska | Course control at first junction/2nd lap (Key position) |
| Minnetonka: | Course Control back side where old girls cut rejoins |
| Shakopee | Course control Bottom of the big hill by the T |
| Chanhassen | Course Control where the girls cut off used to be |
| Waconia | Finish chute, move runners out. |